

## Essex Alliance

Senior Division	Blue Marlin	Brimmsdown	Chadwell HS	Crookz United	Dagenham Utd	FC Baresi	FC Petrocub	Frenford Dev	Jolof Sports	Kit Out London	Lymore Gard	May & BEC res	Oakside	Rapid Ching	Sporting Hack	Walthamstow res	Woodford East
Blue Marlin		1-5	0-5	2-5	0-0	2-2	0-7	L-W	1-4	5-3	L-W	1-2	1-3	1-2	0-3	2-3	0-4
Brimmsdown	3-0		2-0	2-0	5-0	1-0	2-1	3-2	1-2	4-0	3-1	4-1	1-0	5-0	0-0	5-0	3-2
Chadwell Heath Spartans	8-0	0-1		0-2	1-1	1-0	2-2	1-3	0-1	1-1	3-2	1-0	2-1	4-2	5-1	4-1	0-1
Crookz United	4-1	0-4	2-1		1-2	1-2	3-6	0-0	3-6	2-4	L-W	L-W	4-4	1-3	0-1	2-1	2-5
Dagenham United	L-W	1-1	2-4	1-1		0-3	2-1	0-3	0-2	2-0	3-3	0-1	0-0	1-3	2-2	1-1	4-3
FC Baresi	10-1	2-1	3-2	4-0	4-2		2-2	2-1	1-2	3-1	2-1	4-2	5-1	2-0	4-4	2-3	1-1
FC Petrocub	9-1	1-1	2-0	3-1	2-0	1-6		3-2	4-1	4-0	1-4	1-4	4-0	1-2	3-3	3-1	4-3
Frenford Development	5-0	1-1	1-3	5-1	3-2	1-3	0-4		0-0	2-4	5-0	1-1	5-2	2-1	3-1	4-4	3-8
Jolof Sports	7-0	0-1	2-1	3-3	2-1	0-1	0-5	3-1		3-2	0-1	3-2	1-1	1-1	L-W	2-1	1-0
Kit Out London	W-L	0-2	0-4	1-2	3-1	2-2	4-3	2-4	0-2		0-4	3-3	5-1	3-1	1-0	2-1	4-5
Lymore Gardens	5-4	3-2	3-2	1-1	0-1	3-2	0-2	3-2	1-2	8-0		3-5	1-1	5-2	1-4	5-4	1-1
May & Baker EC reserves	W-L	0-0	2-0	1-0	4-0	1-1	1-5	3-1	W-L	2-3	1-2		3-2	3-2	1-4	2-1	1-2
Oakside	5-0	0-4	0-2	3-2	4-0	1-2	1-0	3-1	1-2	3-1	0-2	3-1		2-3	2-1	3-2	0-6
Rapid Chingford	5-3	0-9	0-7	6-4	3-1	0-3	4-2	0-3	1-3	4-4	0-2	1-3	2-3		1-6	0-8	1-2
Sporting Hackney	W-L	2-2	0-1	4-1	1-0	2-0	0-2	2-0	4-0	2-1	5-1	2-4	1-0	2-0		1-0	4-2
Walthamstow reserves	1-4	2-3	5-1	3-3	2-2	0-6	1-6	1-0	W-L	2-2	2-0	1-3	3-1	3-2	0-6		3-7
Woodford East	2-1	2-4	5-2	6-2	2-2	3-6	3-2	2-1	5-1	4-1	0-2	2-3	0-6	4-2	2-1	4-2	

Senior Division	Pld	W	D	L	F	A	Pts
1 Brimmsdown	32	23	6	3	85	24	75
2 FC Baresi	32	20	6	6	90	43	66
3 Sporting Hackney	32	19	5	8	69	39	62
4 Woodford East	32	19	3	10	98	70	60
5 FC Petrocub	32	18	4	10	96	54	58
6 Jolof Sports	32	18	4	10	56	43	58
7 May & Baker EC reserves	32	18	4	10	60	53	58
8 Lymore Gardens	32	17	4	11	68	60	55
9 Chadwell Heath Spartans	32	15	3	14	68	48	48
10 Frenford Development	32	12	5	15	65	63	41
11 Oakside	32	12	4	16	57	67	40
12 Kit Out London	32	10	5	17	57	86	35
13 Walthamstow reserves	32	9	5	18	62	88	32
14 Rapid Chingford	32	9	2	21	54	103	29
15 Dagenham United	32	6	10	16	34	65	28
16 Crookz United	32	6	6	20	53	85	24
17 Blue Marlin	32	2	2	28	31	112	8

Blue Marlin	Fairlop Oak Playing Fields; Forest Road; Hainault IG6 3HJ
Brimmsdown	Wormley Rovers FC; Wormley Sports Club; Church Lane; Wormley EN10 7QF
Chadwell Heath Spartans	Lakeside Sports Ground; Arterial Road; West Thurrock RM16 6DN
Crookz United	Peter May Sports Centre; 135 Wadham Road; Walthamstow E17 4HR
Dagenham United	Barking & Dagenham College; Dagenham Road; Romford RM7 0XU
FC Baresi	Ware FC; Wodson Park; Wadesmill Road; Ware SG12 0UQ
FC Petrocub	Noak Hill Sports Complex; Noak Hill Road; Romford RM3 7YA
Frenford Development	The Jack Carter Centre; rear of Cranbrook Primary School; The Drive; Ilford IG1 3PS
Jolof Sports	Barking FC; Mayesbrook Park; Lodge Avenue; Barking RM8 2JR
Kit Out London	Noak Hill Sports Complex; Noak Hill Road; Romford RM3 7YA
Lymore Gardens	Haringey Borough FC; CVS Stadium; Coles Park; White Hart Lane; Tottenham N17 7JP
May & Baker EC reserves	May & Baker Club; Dagenham Road; Dagenham RM7 0QX
Oakside	Fairlop Oak Playing Fields; Forest Road; Hainault IG6 3HJ
Rapid Chingford	Lakeside Sports Ground; Arterial Road; West Thurrock RM16 6DN
Sporting Hackney	Walthamstow FC; Matchday Centre; Kitchener Road; Walthamstow E17 4JP
Walthamstow reserves	Matchday Centre; Kitchener Road; Walthamstow E17 4JP
Woodford East	Core Refurbishments Stadium; Gardiners Close; Basildon SS14 3AW

Premier East Division	Aveley Under 23	Barkingside U23	Chingford Ath	Fairlop Rovers	Freetown	London Park City	RCXI	Underscore Utd	Waltham Abb A	Wapping
Aveley Under 23		9-0	1-3	3-2	6-0	W-L	4-1	2-1	4-3	7-0
Barkingside Under 23s	L-W		L-W	L-W	L-W	0-2	W-L	L-W	L-W	1-1
Chingford Athletic	1-1	3-1		4-2	5-1	3-1	6-0	0-0	6-2	2-0
Fairlop Rovers	0-2	2-0	0-1		5-3		1-1	2-3	0-1	6-1
Freetown	1-6	0-2	2-6	1-6		1-2	0-7	0-17	1-5	2-9
London Park City	2-1	1-1	1-8	0-2	4-1		4-6	0-5	1-2	1-1
RCXI	0-5	3-0	1-2	2-6	2-0	2-1		1-3	3-1	1-5
Underscore United	2-2	5-1	2-2	3-2	9-2	3-1	5-2		5-4	5-3
Waltham Abbey "A"	L-W	W-L	0-2	2-2	12-0	2-1	2-0	1-2		3-1
Wapping	W-L	3-2	1-5	2-1	1-4	4-3	3-4	0-6	0-2	

Premier East Division	Pld	W	D	L	F	A	Pts
1 Chingford Athletic	18	15	3	0	59	16	48
2 Aveley Under 23	18	13	2	3	53	16	41
3 Underscore United (-9)	18	14	3	1	76	25	36
4 Waltham Abb. "A" (+3)	18	10	1	7	42	28	34
5 Fairlop Rovers (+3)	17	7	2	8	39	29	26
6 RCXI	18	7	1	10	36	48	22
7 Wapping	18	6	2	10	35	55	20
8 London Park City (+3)	17	4	2	11	25	42	17
9 Barkingside Under 23s	18	2	2	14	8	29	8
10 Freetown	18	2	0	16	19	104	6

One game was declared void

Aveley Under 23  
Barkingside Under 23s  
Chingford Athletic  
Fairlop Rovers  
Freetown  
London Park City  
RCXI  
Underscore United  
Waltham Abbey "A"  
Wapping

Parkside; Park Lane; Aveley RM15 4PX  
Nutter Field; Nutter Lane; Wanstead E11 2HZ  
Town Mead Leisure Park 3G; Brooker Road; Waltham Abbey EN9 1JH  
Fairlop Oak Playing Fields; Forest Road; Hainault IG6 3HJ  
Peter May Sports Centre; 135 Wadham Road; Walthamstow E17 4HR  
Seven Kings High School 3G Pitch; 494 Ley Street; Ilford IG2 7BT  
Fords Sport & Social; Aldborough Park South; Newbury Park IG3 8HG  
May & Baker Club; Dagenham Road; Dagenham RM7 0QX  
Town Mead Leisure Park 3G; Brooker Road; Waltham Abbey EN9 1JH  
Castle Green Leisure Centre; Gale Street; Dagenham RM9 4UN

Premier West Division	AEK London	Ath New U23	CSM London	G7	Leyton City	London Cranes	North East Lions	Priory Park Ran	Soul	Wanstead
AEK London		3-0	0-2	1-0	3-0	4-1	3-0	1-2	2-2	6-1
Athletic Newham U23	5-0		0-4	10-1	1-2	0-1	3-1	1-1	3-4	0-3
CSM London	6-1	3-0		3-2	3-2	2-1	3-0	2-0	2-1	7-0
G7	2-3	6-6	1-3			0-0	0-2	1-4	1-0	5-3
Leyton City	3-3	9-3	0-3	3-2		L-W	1-2	5-6	5-5	4-2
London Cranes	1-1	0-2	2-5	3-1	3-3		2-1	1-3	L-W	3-2
North East Lions	1-1	3-1	0-1	2-1	4-1	2-0		2-4	2-2	2-1
Priory Park Rangers	1-2	5-1	2-1	1-1	6-1	3-1	3-2		6-2	2-1
Soul	1-1	5-1	0-2	3-1	6-1	3-4	0-1	1-1		1-2
Wanstead	1-3	1-2	L-W	0-1	2-7	6-6	0-3	0-0	1-4	

Premier West Division	Pld	W	D	L	F	A	Pts
1 CSM London	18	17	0	1	52	12	51
2 Priory Park Rangers	18	12	4	2	50	26	40
3 AEK London	18	9	5	4	38	29	32
4 North East Lions	18	9	2	7	30	27	29
5 Soul	18	6	5	7	40	36	23
6 London Cranes	18	6	4	8	29	38	22
7 Leyton City	17	5	3	9	47	54	18
8 Athletic Newham U23s	18	5	2	11	39	52	17
9 G7	17	3	3	11	26	47	12
10 Wanstead	18	2	2	14	26	56	8

Tower United – record expunged

One game was left unplayed

AEK London  
Athletic Newham Under 23s  
CSM London  
G7  
Leyton City  
London Cranes  
North East Lions  
Priory Park Rangers  
Soul  
Tower United  
Wanstead

Mabley Green Park; Lee Conservancy Road; Hackney E9 5HW  
Jolof Sports FC; Flanders Field; 118 Napier Road; East Ham E6 2SG  
West Ham Foundation 3G; 60A Albatross Close; London E6 5NX  
Victoria Park; Victoria Park Road; London E9 7BT  
Fords Sport & Social; Aldborough Park South; Newbury Park IG3 8HG  
Jolof Sports FC; Flanders Field; 118 Napier Road; East Ham E6 2SG  
Peter May Sports Centre; 135 Wadham Road; Walthamstow E17 4HR  
Hackney Marshes; off Homerton Road; London E9 5PF  
Castle Green Leisure Centre; Gale Street; Dagenham RM9 4UN  
Mabley Green Park; Lee Conservancy Road; Hackney E9 5HF  
Walthamstow FC; Matchday Centre; Kitchener Road; Walthamstow E17 4JP

Division One	Atholl	Eagles Football	Kwanzas L S	Newham Wand	Old Esthameians	Redbridge Com	Renegade	Something FN	Unitey
Atholl		1-2	3-5	2-3	1-4	2-4	2-1	2-3	0-5
Eagles Football	1-1		1-2	1-11	2-1	1-2	3-1	0-17	1-0
Kwanzas London Sport	1-5	2-2		1-2	1-4	0-4	L-W	2-3	0-2
Newham Wanderers	2-1	5-2	7-1		1-2	3-0	1-1	1-2	0-3
Old Esthameians	1-3	1-1	3-2	0-1		W-L	4-2	0-6	1-4
Redbridge Community	3-0	3-0	7-0	1-4	6-1		2-1	L-W	2-0
Renegade	1-1	6-0	5-3	2-5	L-W	4-4		0-1	0-1
Something From Nothing	4-1	7-3	7-3	1-2	4-5	3-3	3-1		1-1
Unitey	5-0	2-0	3-3	0-2	3-2	0-0	5-2	3-2	

Division One	Pld	W	D	L	F	A	Pts
1 Newham Wanderers	16	12	1	3	50	20	37
2 Something From Nothing	16	11	2	3	48	27	35
3 Unitey	16	10	3	3	37	16	33
4 Redbridge Community	16	9	3	4	41	19	30
5 Old Esthameians	16	8	1	6	29	37	25
6 Eagles Football (+3)	16	4	3	9	20	46	18
7 Atholl	16	3	2	11	25	45	11
8 Renegade (-3)	16	3	3	10	27	35	9
9 Kwanzas London Sport	16	2	2	12	26	58	8

Forest Green – record expunged

Ilford reserves – record expunged

Atholl  
Eagles Football  
Forest Green  
Ilford reserves  
Kwanzas London Sport  
Newham Wanderers  
Old Esthameians  
Redbridge Community  
Renegade  
Something From Nothing  
Unitey

Parmiters; 102a Nelson Road; Chingford E4 9AS  
Castle Green Leisure Centre; Gale Street; Dagenham RM9 4UN  
Leyton Sixth Form College; Essex Road; Leyton E10 6EQ  
London Marathon Sports Ground; Forest Road; Ilford IG6 3HJ  
Beckton District Park South; Stansfield Road; Beckton E6 5LT  
Wanstead Flats; Capel Road; Forest Gate E7 0JU  
Fords Sport & Social; Aldborough Park South; Newbury Park IG3 8HG  
Mayfield Leisure Centre; Kinfauns Road; Goodmayes IG3 9QN  
Hackney Marshes; off Homerton Road; London E9 5PF  
Wanstead Flats; Capel Road; Forest Gate E7 0JU  
Roding Valley High School; Alderton Hill; Loughton IG10 3JA

Division Two	Barking Potters	Chadwell HS res	FC Baresi U23	Lymore Gar res	Old Barkabbeyans	Rainham Phoenix	Redbridge C res	Royal Forest	Snaresbrook	Woodford East
Barking Potters		2-4	L-W	2-2	L-W	0-5	1-0	L-W	1-4	0-10
Chadwell Heath Spar. res	4-2		0-3	1-4	1-3	1-1	6-1	2-4	0-3	1-4
FC Baresi Under 23s	6-1	3-4		4-0	5-1	2-4	W-L	4-3	1-2	2-7
Lymore Gardens reserves	4-1	2-1	2-3		1-9	1-2	5-2	1-2	0-5	5-3
Old Barkabbeyans	5-2	5-1	0-2	4-4		0-3	W-L	2-4	1-2	5-3
Rainham Phoenix	11-0	4-0	3-1	7-3	6-1		5-2	W-L	L-W	4-1
Redbridge Comm. res	4-2	2-1	2-3	2-5	4-8	1-4		1-9	0-10	0-12
Royal Forest	16-3	4-2	2-4	8-4	9-4	1-3	9-1		1-6	2-5
Snaresbrook	5-3	5-0	2-1	2-1	6-0	1-0	3-1	2-0		2-0
Woodford East reserves	W-L	5-7	3-2	5-3	1-2	3-1	4-3	4-3	L-W	

Division Two	Pld	W	D	L	F	A	Pts
1 Snaresbrook	18	18	0	0	60	10	54
2 Rainham Phoenix	18	14	1	3	63	18	43
3 Woodford East reserves	18	11	0	7	70	42	33
4 FC Baresi Under 23s	18	11	0	7	46	36	33
5 Royal Forest	18	10	0	8	77	48	30
6 Old Barkabbeyans	18	9	1	8	50	54	28
7 Lymore Gardens reserves	18	6	2	10	47	63	20
8 Chadwell H Sp. res (+3)	18	5	1	12	36	57	19
9 Barking Potters	18	1	1	16	20	80	4
10 Redbridge Com res (-3)	18	2	0	16	26	87	3

St Francis – record expunged

Barking Potters  
Chadwell Heath Spartans reserves  
FC Baresi Under 23s  
Lymore Gardens reserves  
Old Barkabbeyans  
Rainham Phoenix  
Redbridge Community reserves  
Royal Forest  
Snaresbrook  
St Francis  
Woodford East reserves

Castle Green Leisure Centre; Gale Street; Dagenham RM9 4UN  
Hainault Recreation Ground; Forest Road; Hainault IG6 3HQ  
Britannia Sports Ground; Billet Road; Walthamstow E17 5DU  
Leyton County Ground; Crawley Road; Leyton E10 6RJ  
Barking Abbey Sports Ground; South Park Drive; Barking IG11 8UF  
Harris Academy Rainham; Lambs Lane South; Rainham RM13 9XD  
Hainault Recreation Ground; Forest Road; Hainault IG6 3HQ  
Roding Valley High School; Alderton Hill; Loughton IG10 3JA  
Nutter Field; Nutter Lane; Wanstead E11 2HZ  
Wanstead Flats; Harrow Road; Leytonstone E11 3QD  
Hackney Marshes Centre; off Homerton Road; London E9 5PF

Division Three	Buckhurst Way	Chingford Harr	Dag United res	Flyers Under 21	FC of Riverside	Frenford A	Glendale	Jolof Sports res	Melbourne Sots	Newbury East	Romford U21
Buckhurst Way		1-3	3-1	1-3	4-0	2-2	3-7	2-8	3-5	2-4	W-L
Chingford Harriers	1-3		2-2	1-2	3-0	1-2	1-3	2-1	4-0	1-2	2-3
Dagenham United res	2-2	0-0		3-1	2-0	1-2	1-3	2-3	0-3	2-2	2-3
Flyers Under 21s	L-W	1-2	0-5		1-0	3-5	5-0	1-2	5-0	2-1	3-0
Football C. of Riverside	2-2	3-1	1-2	W-L		4-0	3-2	3-3	2-4	2-4	1-2
Frenford "A"	5-2	1-1	5-2	5-0	4-2		1-1	3-2	0-1	3-4	5-1
Glendale	1-3	7-1	5-1	W-L	1-1	3-2		3-6	W-L	0-4	6-1
Jolof Sports reserves	5-2	3-2	4-1	3-2	3-1	2-1	4-2		W-L	4-3	4-0
Melbourne Sports	4-1	3-2	3-2	4-1	2-0	0-1	5-3	1-4		4-1	2-3
Newbury East	3-2	W-L	5-1	1-3	4-2	5-1	4-1	7-2	6-2		7-1
Romford Under 21s	1-3	2-5	4-4	1-5	2-3	L-W	2-3	1-4	2-5	3-5	

Division Three	Pld	W	D	L	F	A	Pts
1 Newbury East (+3)	20	15	1	4	72	38	49
2 Jolof Sports reserves (-9)	20	16	1	3	67	39	40
3 Frenford "A" (-3)	20	12	3	5	49	36	36
4 Glendale (+6)	20	9	2	9	50	49	35
5 Melbourne Sports (-3)	20	12	0	8	48	40	33
6 Flyers Under 21s	20	9	0	11	38	34	27
7 Chingford Harriers (+6)	20	6	3	11	35	39	27
8 Buckhurst Way	20	7	3	10	41	57	24
9 Football Club of Riv'side	20	5	3	12	30	46	18
10 Dagenham United res	20	4	5	11	36	51	17
11 Romford Under 21s	20	4	1	15	32	69	13

Buckhurst Way  
Chingford Harriers  
Dagenham United reserves  
Flyers Under 21s  
Football Club of Riverside  
Frenford "A"  
Glendale  
Jolof Sports reserves  
Melbourne Sports  
Newbury East  
Romford Under 21s

Bancroft Rugby Club; Buckhurst Way; Buckhurst Hill IG9 6JD  
Peter May Sports Centre; Wadham Road; Walthamstow E17 4HR  
Castle Green Leisure Centre; Gale Street; Dagenham RM9 4UN  
King George Playing Fields; Eastern Avenue; Romford RM7 7AY  
Lakeside Sports Ground; Arterial Road; West Thurrock RM16 6DN  
Frenford Club; The Drive; Ilford IG1 3PS  
Fairlop Oak Playing Fields; Forest Road; Hainault IG6 3HJ  
Flanders Field; 118 Napier Road; East Ham E6 2SG  
Fairlop Oak Playing Fields; Forest Road; Hainault IG6 3HJ  
Oaks Park High School; 45-65 Oaks Lane; Newbury Park; Ilford IG2 7PQ  
Westlands Playing Fields; London Road; Romford RM7 9NU

Division Four	Avondale Rang	Collier Row W	Em & Up res	Fairlop Rov res	Flyers Under 23	Newham & HB	Old Estham res	Romford U19	W Essex U23
Avondale Rangers		0-13	2-1	W-L	5-2	3-2	W-L	2-4	3-5
Collier Row Wheels	7-0		4-1	2-2	5-0	4-0	3-3	1-2	6-0
Emerson & Upminst. res	5-2	0-2		3-6	3-6	3-4	1-9	4-5	2-1
Fairlop Rovers reserves	W-L	1-0	6-3		5-1	4-2	6-1	1-3	6-2
Flyers Under 23s	5-9	1-5	4-0	0-5		5-1	1-3	0-11	W-L
Newham & Havering B		3-3	1-3	1-3	1-2		4-6	2-8	0-1
Old Esthameians res	W-L	0-4	2-1	4-12	1-2	2-0		L-W	1-4
Romford Under 19s	7-5	1-2	8-0	8-5	8-1	6-1	2-2		2-2
West Essex Under 23s	5-3	0-4	1-5	0-2	W-L	1-1	W-L	2-8	

Division Four	Pld	W	D	L	F	A	Pts
1 Romford Under 19s	16	13	2	1	83	30	41
2 Fairlop Rovers reserves	16	12	1	3	64	30	37
3 Collier Row Wheels	16	11	3	2	65	14	36
4 Old Esthameians res	16	6	2	8	34	40	20
5 West Essex Under 23s	16	6	2	8	24	43	20
6 Avondale Rangers	15	6	0	9	34	56	18
7 Flyers Under 23s	16	6	0	10	30	62	18
8 Emerson & Upminst. res	16	4	0	12	35	63	12
9 Newham & Havering B	15	1	2	12	23	54	5
Inter London - record expunged							
London APSA U23 - record expunged							

One game was declared void

Avondale Rangers  
 Collier Row Wheels  
 Emerson & Upminster reserves  
 Fairlop Rovers reserves  
 Flyers Under 23s  
 Inter London  
 London APSA U23  
 Newham & Havering Borough  
 Old Esthameians reserves  
 Romford Under 19s  
 West Essex Under 23s

### Senior Division Cup

Round 1  
 Brimsdown 1-4 Frenford Development  
 Rapid Chingford 3-2 FC Baresi  
 Walthamstow reserves 1-5 FC Petrocub  
 May & Baker EC reserves 0-2 Oakside  
 Jolof Sports 3-1 Kit Out London  
 Lymore Gardens 2-5 Woodford East  
 Dagenham United 0-0 Blue Marlin (*Dagenham United won 4-2 on penalties*)  
Quarter Finals  
 Frenford Development 4-4 Rapid Chingford (*Frenford Development won 5-4 on penalties*)

FC Petrocub 3-0 Oakside  
 Sporting Hackney 1-3 Jolof Sports  
 Woodford East 4-0 Dagenham United  
Semi-Finals  
 Frenford Development 2-5 FC Petrocub  
 Jolof Sports 0-1 Woodford East  
Final (@ Dagenham & Redbridge, 20/5/23)  
 FC Petrocub 4-1 Woodford East

### Premier Division Cup

Round 1  
 CSM London 5-0 Cowley Community  
 Soul 5-2 Wanstead  
 G7 0-10 RCXI  
 Barkingside U23 1-1 Leyton City (*Barkingside U23 won 4-3 on penalties*)  
 London Cranes 3-1 AEK London  
Round 2  
 CSM London 7-1 Freetown  
 Soul 0-2 London Park City  
 Aveley U23 3-2 Underscore United  
 RCXI scr-w/o Priory Park Rangers  
 Wapping 2-3 Waltham Abbey "A"  
 Chingford Athletic 4-1 Barkingside U23

Athletic Newham U23 1-4 Fairlop Rovers  
 North East Lions 2-1 London Cranes  
Quarter Finals  
 CSM London 2-1 Wapping  
 Aveley U23 2-0 Priory Park Rangers  
 Waltham Abbey "A" 4-1 Chingford Athletic  
 Fairlop Rovers 4-3 North East Lions  
Semi-Finals  
 CSM London 1-0 Aveley U23  
 Waltham Abbey "A" 2-2 Fairlop Rovers (*Fairlop Rovers reserves won 4-2 on penalties*)  
Final (@ Billericay Town, 23/5/23)  
 CSM London 4-2 Fairlop Rovers

### Division One Cup

Round 1  
 Redbridge Community 1-1 Ilford reserves (*Ilford reserves won 4-3 on penalties*)  
 Kwanzas London Sport 1-5 Old Esthameians  
 Eagles 0-3 Newham Wanderers  
Quarter Finals  
 Atholl 2-2 Ilford reserves (*Atholl won 5-4 on penalties*)  
 Forest Green scr-w/o Something From Nothing

Renegade 6-2 Old Esthameians  
 Unitey 3-4 Newham Wanderers  
Semi-Finals  
 Atholl 3-0 Something From Nothing  
 Renegade 3-2 Newham Wanderers  
Final (@ Dagenham & Redbridge, 20/5/23)  
 Atholl 1-6 Renegade

### Division Two Cup

Round 1  
 Lymore Gardens reserves 4-1 Redbridge Community reserves  
 Old Barkabbeyans 2-3 Royal Forest  
 Snaresbrook w/o-scr St Francis  
Quarter Finals  
 Barking Potters 2-1 Lymore Gardens reserves  
 Chadwell Heath Spartans reserves 2-1 FC Baresi U23

Rainham Phoenix 2-1 Royal Forest  
 Woodford East reserves 1-4 Snaresbrook  
Semi-Finals  
 Barking Potters 1-2 Chadwell Heath Spartans reserves  
 Rainham Phoenix 2-1 Snaresbrook  
Final (@ Dagenham & Redbridge, 6/5/23)  
 Chadwell Heath Spartans reserves 3-2 Rainham Phoenix

## Division Three Cup

Round 1  
Newbury East 9-2 Dagenham United reserves  
Glendale w/o-scr Romford U21  
Buckhurst Way 2-1 Jolof Sports reserves

Quarter Finals  
Flyers U21 3-4 Newbury East  
Melbourne Sports 2-2 Chingford Harriers (*Melbourne Sports won 8-7 on penalties*)

Frenford "A" 3-1 Glendale  
Football Club of Riverside 3-2 Buckhurst Way

Semi-Finals  
Newbury East 3-0 Melbourne Sports  
Frenford "A" 1-3 Football Club of Riverside

Final (@ Billericay Town, 25/5/23)  
*Newbury East v Football Club of Riverside Match abandoned after an incident*

## Division Four Cup

Round 1  
Inter London scr-w/o Newham & Havering Borough  
Collier Row Wheels 2-2 Fairlop Rovers reserves (*Fairlop Rovers reserves won 4-3 on penalties*)  
Romford U19 6-1 West Essex U23

Quarter Finals  
Avondale Rangers 2-0 Newham & Havering Borough  
Old Esthameians reserves 3-0 Emerson & Upminster reserves (*tie awarded to Emerson & Upminster reserves*)

Flyers U23 1-4 Fairlop Rovers reserves  
London APSA U23 scr-w/o Romford U19

Semi-Finals  
Avondale Rangers 2-3 Emerson & Upminster reserves  
Fairlop Rangers reserves 0-1 Romford U19

Final (@ Dagenham & Redbridge, 6/5/23)  
Emerson & Upminster reserves 0-3 Romford U19

## Fenton Cup

Preliminary Round  
Athletic Newham U23 1-4 Waltham Abbey "A"  
Tower United scr-w/o Crookz United  
Aveley U23 4-1 Blue Marlin  
Freetown 1-11 Oakside  
FC Petrocub 5-0 CSM London  
Soul 1-5 Brimsdown  
Barkingside U23 1-10 FC Baresi

Round 1  
Fairlop Rovers 3-0 Kit Out London  
G7 4-1 FC Petrocub  
Crookz United 5-3 CSM London  
Lymore Gardens 3-1 Tower United  
Frenford Development 4-1 Athletic Newham  
AEK London v Oakside tie awarded to Oakside  
Aveley U23 1-1 Chigwell Town (*Aveley U23 won 2-0 on penalties*)  
Woodford East 16-1 Dagenham United  
Chingford Athletic 3-3 Belfry (*Chingford Athletic won 4-3 on penalties*)  
London Cranes 2-3 Francis Luke  
Kit Out London 6-0 Wapping  
London Park City 1-3 FC Baresi  
FC Petrocub 2-2 Forest Green (*FC Petrocub win 5-3 on penalties*)

Walthamstow reserves w/o-scr Kwanzas London Sport  
Brimsdown 3-1 Chadwell Heath Spartans  
Rapid Chingford 1-3 Cowley Community

Round 2  
Fairlop Rovers 4-1 FC Petrocub  
Crookz United 0-0 Tower United (*Crookz United 4-3 on penalties*)  
Frenford Development 2-1 Oakside  
Aveley U23 2-4 DTFC  
Chingford Athletic 4-2 Eastside  
Kit Out London 3-3 Lymore Gardens (*Kit Out London won 6-5 on penalties*)  
FC Petrocub 6-1 Rapid Chingford  
Brimsdown 0-0 Barkingside "A" (*Brimsdown won 4-3 on penalties*)

Quarter Finals  
Fairlop Rovers w/o-scr Crookz United  
Frenford Development 1-3 Woodford East  
Chingford Athletic 1-3 Kit Out London  
FC Petrocub 2-2 Brimsdown (*FC Petrocub win 5-4 on penalties*)

Semi-Finals  
Fairlop Rovers 0-4 Woodford East  
Kit Out London 0-2 FC Petrocub

Final (@ Billericay Town, 27/5/23)  
Woodford East 2-2 FC Petrocub (*FC Petrocub won 11-10 on penalties*)

## Fenton Trophy

Preliminary Round  
Renegade 0-2 Melbourne Sports  
West Essex U23 1-9 Old Barkabbeyans  
Chingford Harriers 2-4 Woodford East reserves  
Emerson & Upminster reserves 1-5 Newham Wanderers  
Together United reserves scr-w/o Atholl  
Frenford "A" w/o-scr Kwanzas London Sport  
Something From Nothing 5-0 London APSA U23  
Lymore Gardens reserves 3-0 Chadwell Heath Spartans reserves  
St Francis 1-12 Rainham Phoenix  
Dagenham United reserves 1-3 Redbridge Community  
FC Baresi Under 23 12-2 Avondale Rangers  
Flyers Under 23 w/o-scr ASA  
Ilford reserves 4-0 Collier Row Wheels

Round 1  
Melbourne Sports 1-3 Newbury East  
Fairlop Rovers reserves 4-7 Old Barkabbeyans  
Flyers U21 1-0 Jolof Sports reserves  
Romford U19 7-3 Woodford East reserves  
Newham Wanderers 2-3 Snaresbrook  
Football Club of Riverside 0-3 Royal Forest  
Atholl 8-3 Barking Potters  
Unitey 7-1 Frenford "A"  
Glendale 6-1 Forest Green  
Old Esthameians 1-0 Something From Nothing  
Lymore Gardens reserves w/o-scr Together United

Buckhurst Way 5-1 Romford U21  
Rainham Phoenix 1-4 Redbridge Community  
Newham & Havering Borough scr-w/o FC Baresi U23  
Inter London 4-2 Flyers U23  
Old Esthameians 1-5 Ilford reserves

Round 2  
Newbury East 4-2 Old Barkabbeyans  
Flyers U21 2-4 Romford U19  
Snaresbrook 3-2 Royal Forest  
Atholl 4-0 Unitey  
Glendale 0-1 Old Esthameians (*tie awarded to Glendale*)  
Lymore Gardens reserves 4-1 Buckhurst Way (*tie awarded to Buckhurst Hill*)  
Redbridge Community 1-2 FC Baresi U23  
Inter London scr-w/o Ilford reserves

Quarter Finals  
Newbury East 1-1 Romford U19 (*Romford U19 won 4-1 on penalties, tie later awarded to Newbury East*)  
Snaresbrook 3-0 Atholl  
Glendale 5-1 Buckhurst Way  
FC Baresi U23 w/o-scr Ilford reserves

Semi-Finals  
Newbury East 3-1 Snaresbrook  
Glendale 1-3 FC Baresi U23

Final (@ Billericay Town, 27/5/23)  
*Newbury East v FC Baresi U23 Match postponed by league committee*